




Safer, Smarter Kids

Second Grade





Characteristics of Safe Adults

- **Stranger** - someone you don't know
 - **Safe Adult** - An adult who always protects you from unsafe situations and who makes you feel safe
 - **Grown-Up Buddy** - an adult you trust who you can turn to any time you need help and to whom you can tell anything
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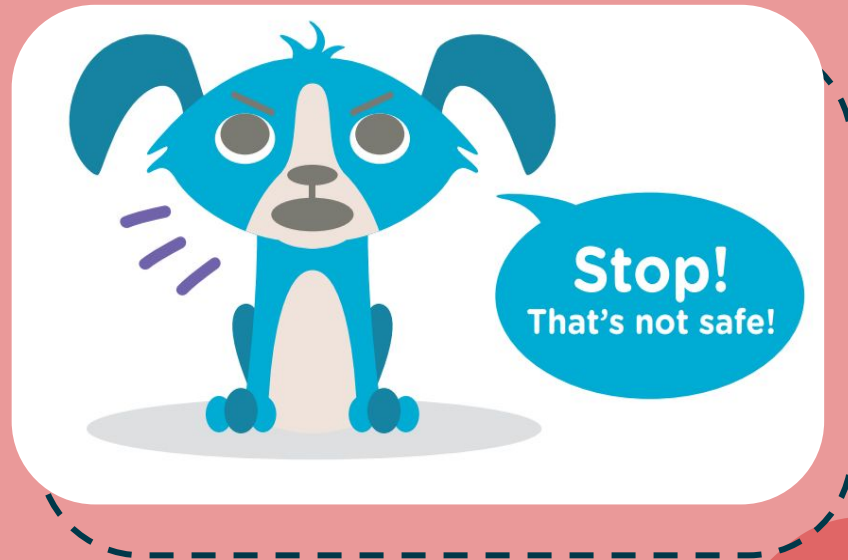


Recognizing Safe and Unsafe Situations

- By focusing on our surroundings, we can look out for unsafe situations
- Unsafe Situations
 - Unkind actions
 - Unsafe actions
 - Actions that involve an unsafe touch
 - Strangers asking personal questions

We can always say “No” to situations that make us feel afraid, nervous, or uncomfortable

- Use your “I Mean Business Voice” to say:





P.L.A.N.

Permission

Location

Activity

Names and **N**umbers of Adults

- Making a P.L.A.N. before we go places is an important safety choice
- The P.L.A.N. must always include the adult in charge [or our Grown-Up Buddy] and must always begin with Permission.
- If ANY part of our P.L.A.N. changes, we always go back to P - Permission.

Types of Unsafe Secrets

- **Unsafe Secrets** - secrets that make you feel unhappy, hurt, or icky. Any secret about private body parts is always a bad secret
- **Types of Unsafe Secrets**
 - Threat - When we are told something bad will happen if we don't keep an unsafe secret
 - Promise - When we are told something good will happen if we keep an unsafe secret
 - Trick - When someone lies to, deceives, or manipulates us into keeping an unsafe secret

It does not matter if we feel like we cannot tell an unsafe secret because of a Promise, Threat, or Trick - If it's an unsafe secret, we must ALWAYS tell our Grown-Up Buddy.



Privacy, Personal Boundaries, & Body Boundaries

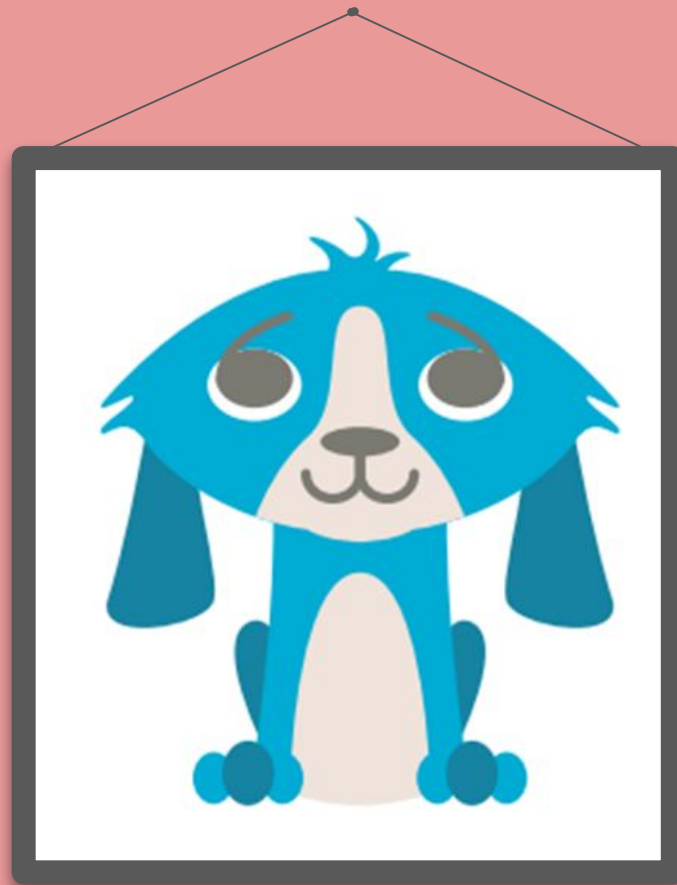
- **Privacy** - our right to keep others from seeing or hearing things that are personal
- **Personal Boundaries** include our privacy, our personal space being respected, and the private parts of the body not being photographed or seen by others unless there is a medical reason
 - A Personal Boundary Violation occurs anytime our privacy or personal space is not respected, or the private parts of our body are viewed without reason or photographed
- **Body Boundaries** include our right to be free from unsafe and unwelcomed body touches.
 - A Body Boundary Violation occurs when an unsafe, hurtful, or unwelcomed touch is received





Safe Use of Cameras

- Unsafe Camera Use is a Personal Boundary Violation
 - While changing clothes
 - Without permission
 - As part of an Unsafe Secret
 - When it is embarrassing
- We can use Think, Feel, Act and our Guiding Voice to identify Unsafe situations





Safe Use of the Internet and Social Media



- **Rules of the Cyber Highway**
 - Chat rooms are not safe. Never accept an invitation to a chat room
 - Always tell a Grown-Up Buddy if you find an unsafe website
 - Never send pictures or personal information to anyone you don't know



Substance Use

- **Drug** - a chemical that affects the brain and body
 - Helpful - medicines
 - Harmful - alcohol, nicotine, and illegal drugs
- All drugs are powerful
 - Only take helpful drugs under the right conditions and when given by a safe adult
 - Never use harmful drugs
- If someone offers you drugs, alcohol, or cigarettes, always tell your Grown-Up Buddy

A healthy brain helps us make safe choices!



Accessing Help

- It is important to tell our Grown-Up Buddy whenever we are in an unsafe situation, have an unsafe secret, or are being influenced by an unsafe person.
- Grown-Up Buddies are here to help us and are expected to help right away..

It is OK to tell and keep telling until you are Heard and Helped!



Teacher Resources

For additional questions or concerns, you may contact your school's Social Worker or District Mental Health Counselor, as well as the below resources:

Safer, Smarter Kids Curriculum

<https://original.safersmarterkids.org/teachers/curriculum/human-trafficking/>

Department of Education Human Trafficking Information Page

<https://www.fl DOE.org/schools/healthy-schools/human-trafficking.shtml>

Florida Abuse Hotline

1-800-962-2873

National Human Trafficking Resource Center

1-888-3737-888

Broward County Substance Use & Abuse Toolkit

<https://www.browardschools.com/cms/lib/FL01803656/Centricity/Domain/13726/BCPS%20Substance%20Use%20and%20Abuse%20Prevention%20Education%20Toolkit%20links%20REV.pdf>

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